

Agenda – 70 min together

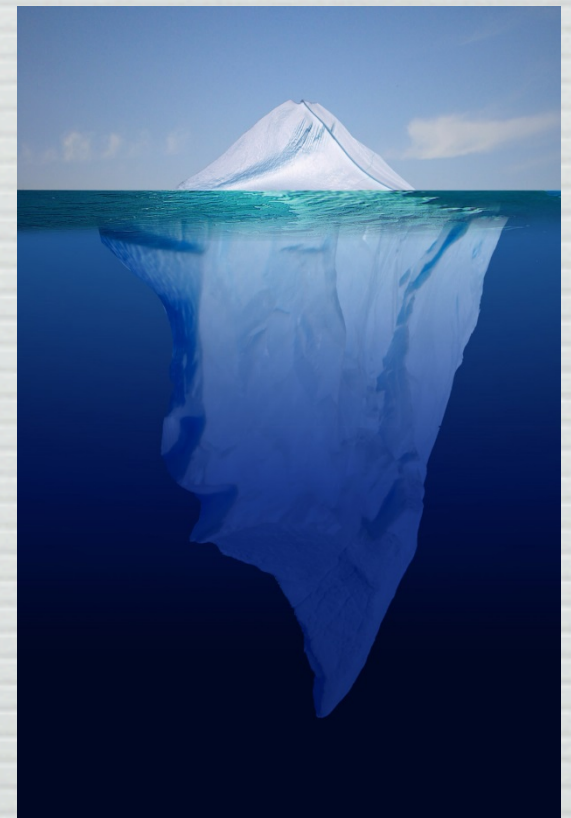
Welcome to Saskatoon and Treaty 6 Territory

Part I: A brief introduction to our partnership (5min)

Part II: The Resource (30min)

Part III: A panel of experience (25min)

There is more to Poverty
than Meets the Eye....





An Multisectoral Partnership focused on poverty reduction in Saskatoon and Area.

There is more to Poverty than Meets the Eye....

presented by:

Colleen Christopherson-Cote
Community Partnership Facilitator

Historical Context

“promote health equity in health AND all other systems”

- ▶ In 2006 Saskatoon Health Region released a report

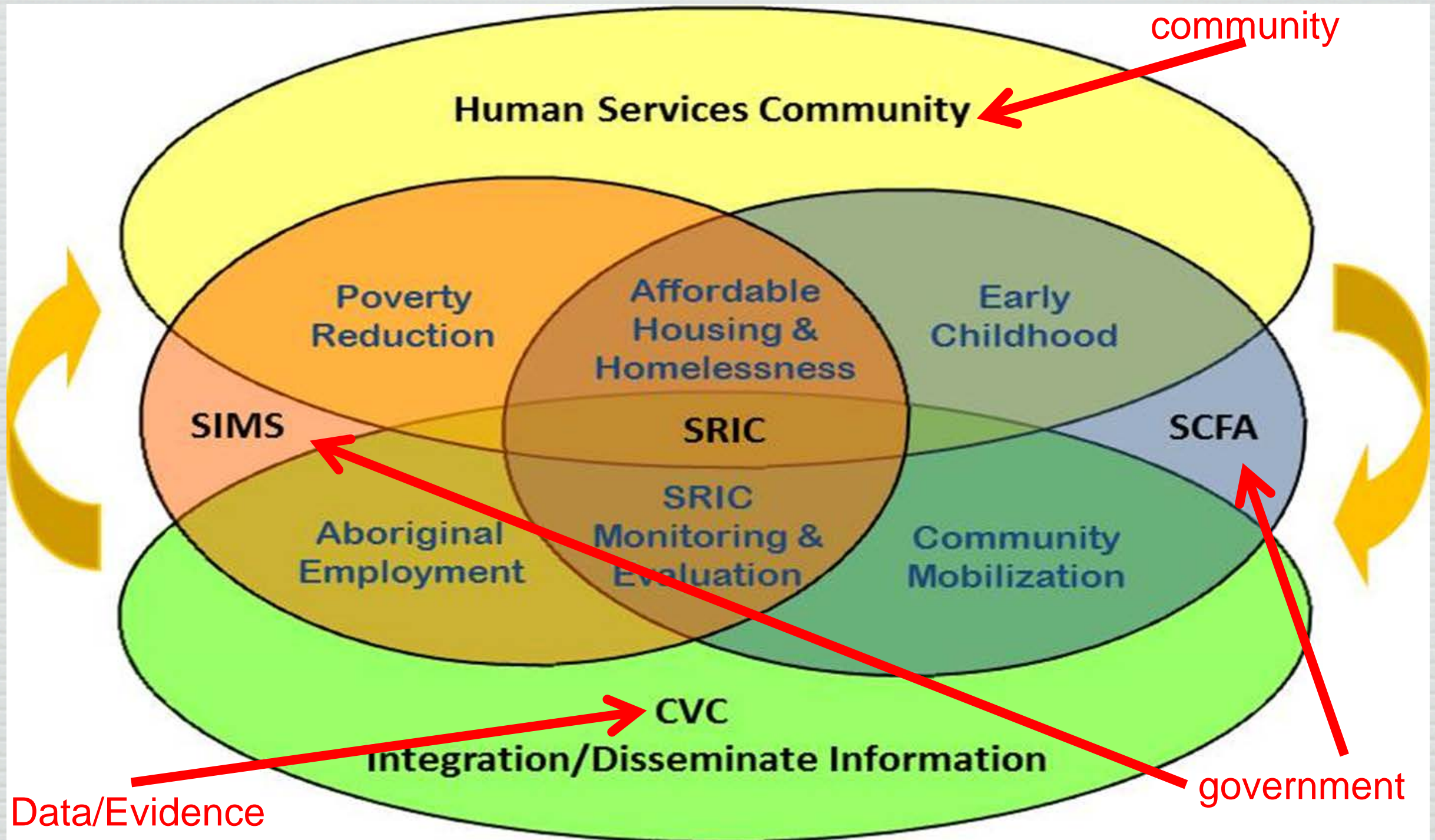
“... compared the health status of residents within Saskatoon’s six low income neighbourhoods to the rest of the city and found substantial disparities in suicide attempts, mental disorders, injuries and poisonings, diabetes, chronic obstructive pulmonary disorder, coronary heart disease, chlamydia, gonorrhea, hepatitis C, teen births, low birth weights, infant mortality and all cause mortality. Although disparity in health outcomes by socioeconomic status is well known, the magnitude of the disparity in health outcomes is shocking for a city in the western world. For example, the infant mortality rate in Saskatoon’s low income neighbourhoods was 448% higher than the rest of the city; which is worse than developing nations.”

- ▶ 2008 the Saskatoon Health Disparities: Analysis to Intervention, including 46 interventions that evaluation research had shown to be effective at reducing health inequities was released

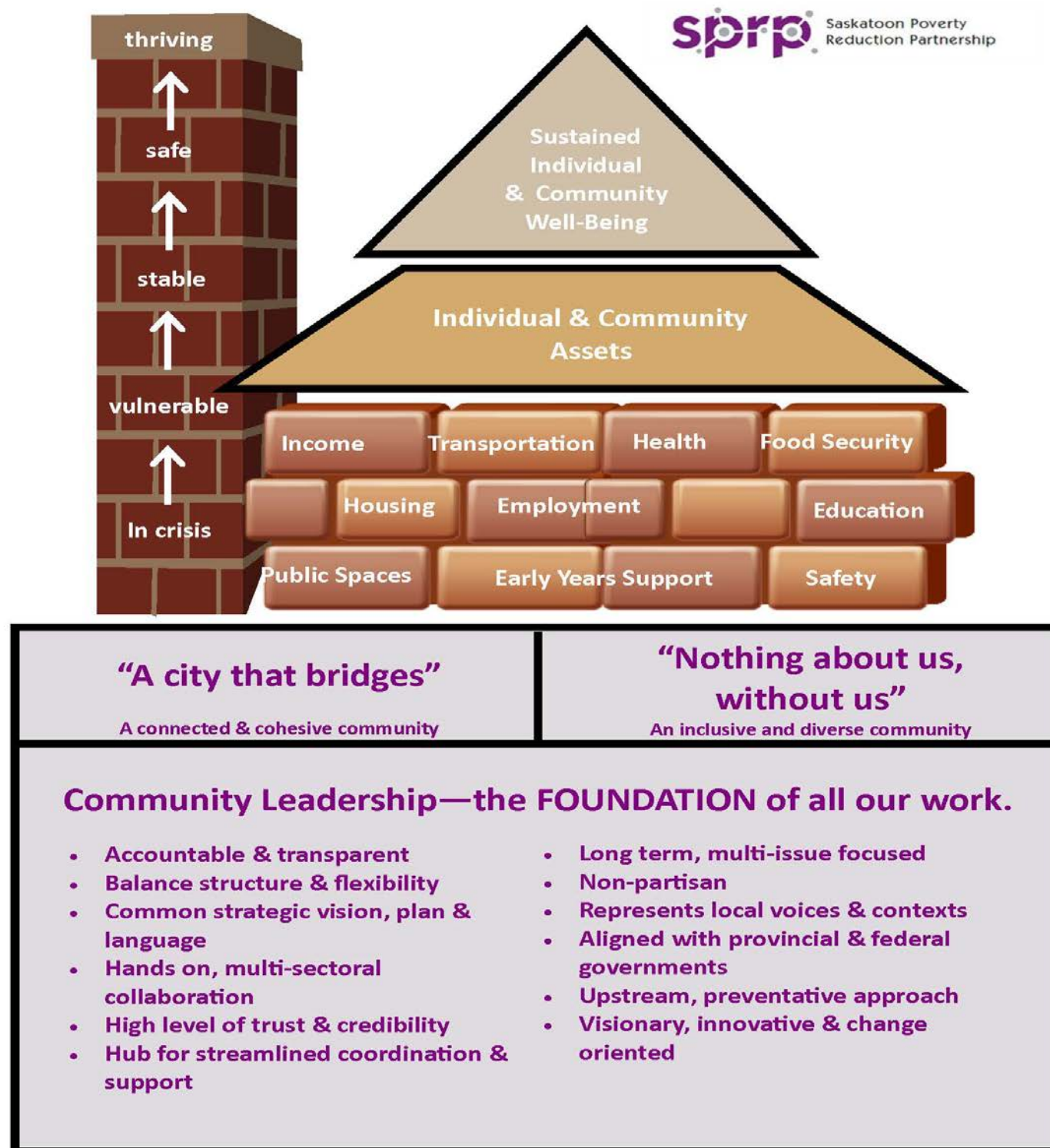
- ▶ Saskatoon Poverty Reduction Partnership formed in response to the need for a collaborative partnership to address social determinants of health across sectors.

Saskatoon RIC

Regional intersectoral Committee



Theory of Change

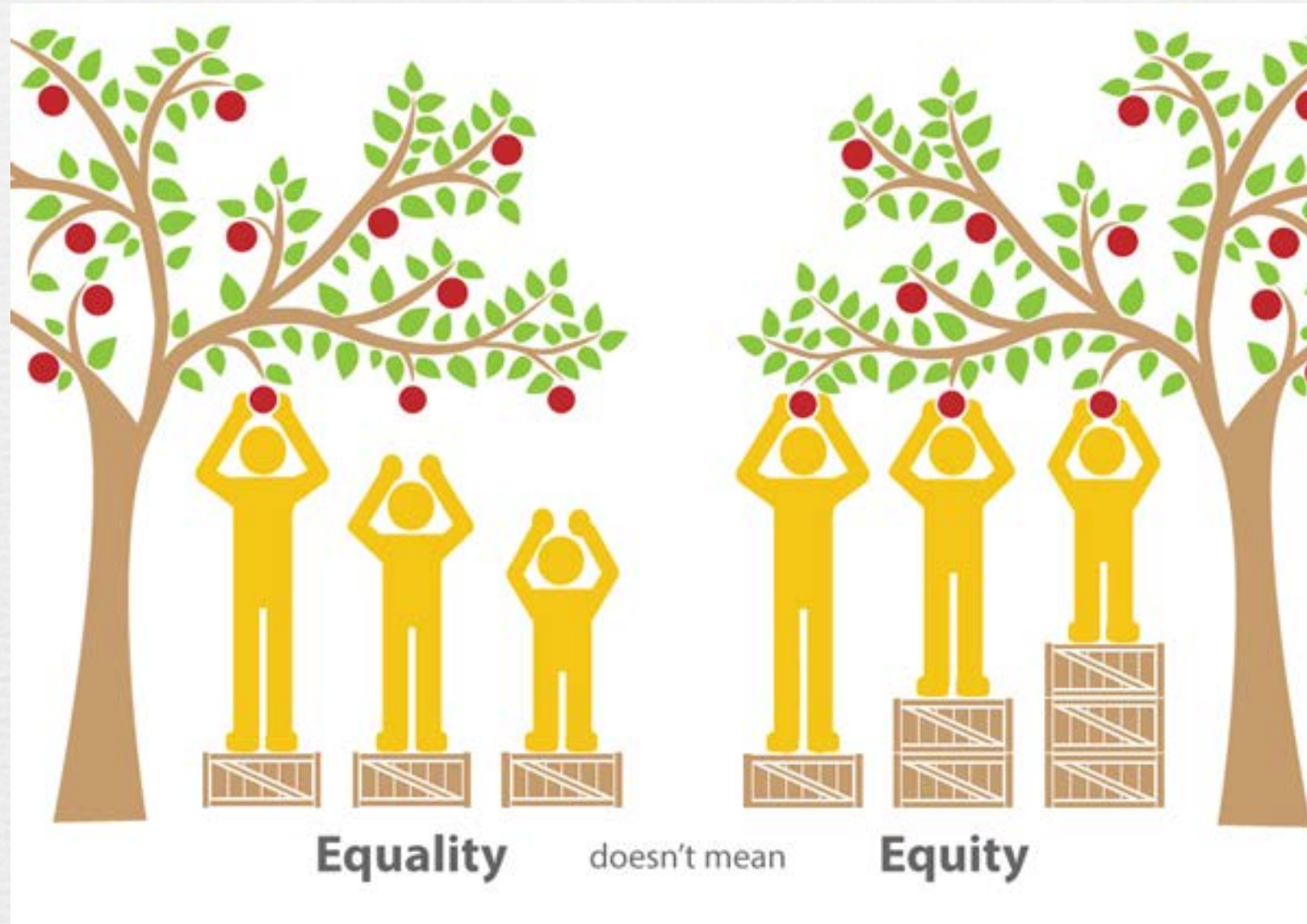


- Awareness & Advocacy
- Aboriginal Engagement
- Business Engagement
- Faith Engagement
- University & Policy
- Evaluation & Monitoring
- Inclusion (lived experience)

Projects:

- YXE connects!
- Plan2EndHomelessness
- Collective Impact
- Predatory Loan
- Living Wage
- Early Years
- Aboriginal Employment
- Community Development
- Food Security
- Poverty Costs
- Community Learning events
- Participatory democracy

Social Determinants of Health



The social determinants of health are the conditions in which people are born, grow, work, live, learn and age, and the wider set of forces & systems shaping the conditions of daily life. These forces & systems include economic policies & systems, development agendas, social norms, social policies & political systems

Some of the facts

POVERTY COSTS EVERYONE

Poverty costs Saskatchewan as much as

\$3.8 BILLION

Each Year

in heightened service use & missed opportunity

\$420 MILLION

in heightened
health care
costs

\$50-120 MILLION

increased spending
on the criminal
justice system

\$2.6 BILLION

in lost
contributions
to GDP & taxes

\$720 MILLION

in increased
social assistance
spending

Local Stats



About 1 in 5 children under 6 years old lives in low income households in our Region.

- **72%** of children are ready for school & **72 %** are graduating on time
- **15%** of students entering grade 1 are in need of Tier3 levels of supports
- Meals at Saskatoon Friendship Inn since Jan 01 – April 15, 2015: **65,572**
- In 2013: **3,163** cases of fruit & **1,462** cases of vegetables to schools
- **1200L** of milk, are delivered by CHEP to schools **per week** in Saskatoon
- **40.1%** that rent - pay **more than 30%** of their income towards shelter
- **83.2%** of residents believe something can be done to reduce health disparity by income
- **83.8%** supported strengthening early intervention programs for children, such as poverty reduction.

The Resource

- Adapted with permission for the Ladybug Foundation's Grade 6 "Making Change" program (Manitoba)
- An MPH practicum project with educational consultant assistance (2011)
- Pilot projects with 6 teachers, evaluation report and revision based on evaluation
- Total cost to date (for the health region) approximately \$25,000.00
- Curricular connections (social and health) – more to come.
- Professional development for teachers – part II
- Implementation with University Education students – part III

https://www.saskatoonhealthregion.ca/locations_services/Services/health-promotion/Pages/TheresMoreToPovertyThenMeetsTheEye.aspx

Get Connected...

Saskatoon Poverty Reduction Partnership



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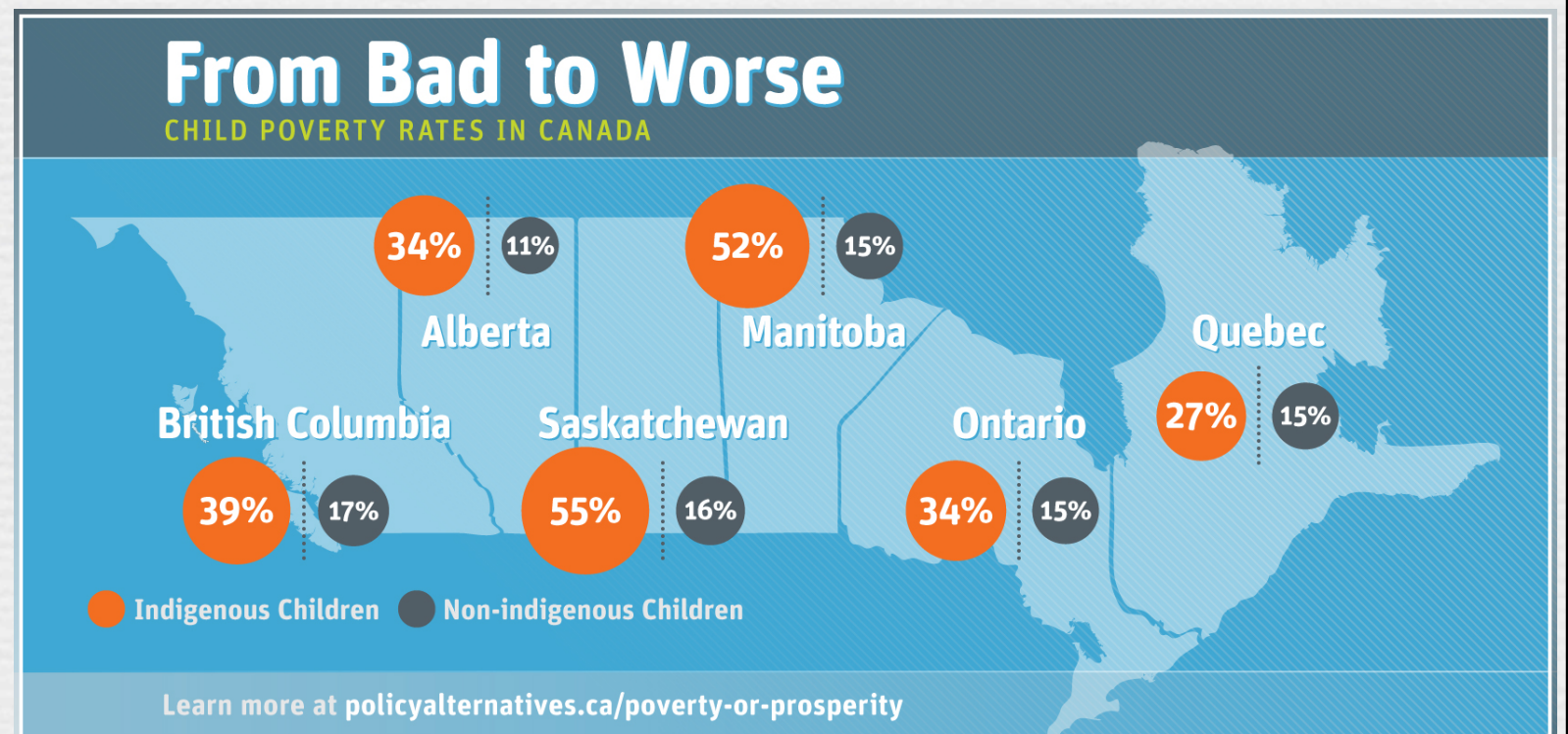
Saskatoon, SK S7K2K6

Phone: 306-933-5030

Thinking Upstream

Who keeps chucking our
kids in the river?

https://www.youtube.com/watch?v=qarQXqKbmLg&feature=player_embedded



There's More to Poverty Than Meets the Eye

Why a Resource on Poverty for Schools

Picture

the potential each child has to see the
world with greater empathy and understanding
for others...

Imagine

the power students can have when they actively
participate in their communities...

Envision

providing students with skills that empower
them to be the change they wish to see
in their world...



Healthiest people ~ Healthiest communities ~ Exceptional service

Alignment with Curriculum: Broad Areas of Learning

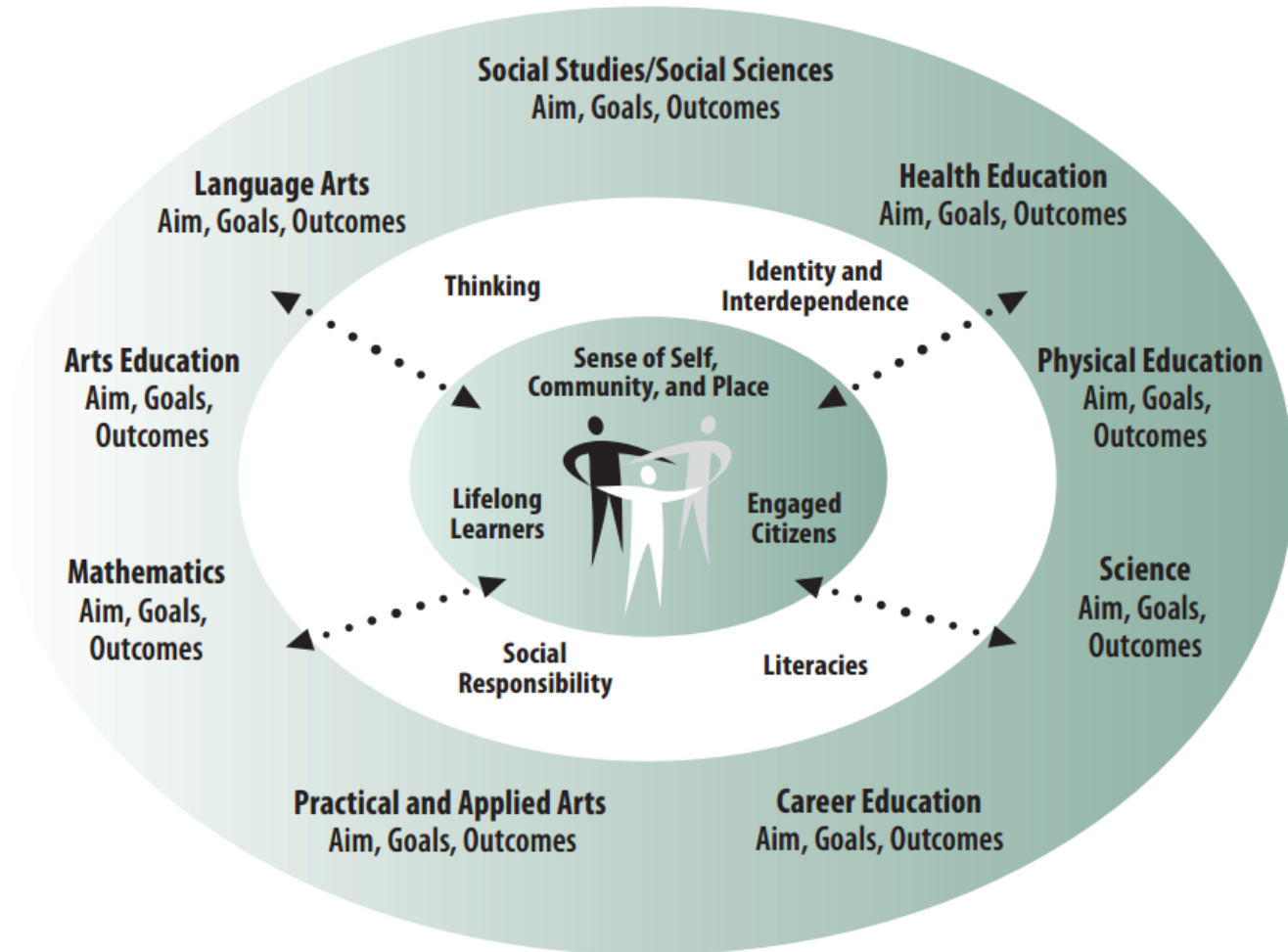
Lifelong Learners

**Sense of Self,
Community, and Place**

Engaged Citizens

There's More to Poverty Than Meets the Eye

Alignment with Curriculum: Cross Curricular Competencies



There's More to Poverty Than Meets the Eye

The Resource

1 | POVERTY IN OUR COMMUNITY—ENGAGING ACTIVITIES

Teacher Information:

Defining Poverty	12
Poverty in our Community	14

Activities:

Poverty, Up Close and Personal	17
What is Poverty?	18
Who is Affected by Poverty in Our Community?	19
Five Minute Writing	20
What Are Our Rights?	22
Quotation Study	25

There's More to Poverty Than Meets the Eye

Poverty and Rights

CRYSTAL'S DREAM

In the spring of 2010, Crystal and her older brother Jordan convince their parents to move from their reserve to Saskatoon. Jordan is hoping to attend college there. Crystal is artistic and wants to go to a school that focuses on the arts. In the city, the family pays \$1400 per month for a two-bedroom apartment, Crystal and her parents each have a bedroom and Jordan sleeps on the couch. Although this is more than triple the cost of their old home, everyone is working hard to make their home comfortable and live healthy, happy lives. The family dream is nearly shattered when Jordan is bullied about his native heritage and severely beaten. The girls at Crystal's school bully her online and won't hang out with her, saying that she 'looks poor' and 'used to live in the wild.' Crystal's mother has quit work to take care of Jordan while he heals, cutting the family's income in half. Crystal tries to sell cultural crafts at the Farmer's Market to support her father's fierce determination not to borrow money. Most people in the family's neighbourhood are white and keep to themselves. However, one family is generous, will often bring food over and will spend time visiting with the family. Although Crystal and her family have faced some serious obstacles, they are still committed to the choice to live in Saskatoon.



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The Resource

2 | WHAT CAUSES POVERTY? - INVESTIGATING ACTIVITIES

Teacher Information:

Causes of Poverty 28

Activities:

In their Shoes 29

Poverty Quiz 32

What Causes Poverty? 35

In Their Shoes

- Consider your situation and work through the dilemma together
- Have groups present their problem solving ideas.
- Students may use creative presentation methods, such as a short story, a group reflection, or a skit.

There's More to Poverty Than Meets the Eye

The Resource

3 | HOW DOES POVERTY AFFECT HEALTH?—INVESTIGATING ACTIVITIES

Teacher Information:

Poverty and Health	38
The Cost of Poverty	42

Activities:

Needs versus Wants	44
Effects of Poverty Worksheet	45
Stories of Homelessness	46
"But Why?"	47
Poverty and Health	48
"But Why?" Part II	53
Making a Budget	55
Geraldine Moore the Poet	58
Race for Health	63

Social Determinants of Health

1. **Income and Social Status**
2. **Social Supports Network**
3. **Education and Literacy**
4. **Employment/Working Conditions**
5. **Social Environments**
6. **Physical Environments**
7. **Personal Health and Coping**
8. **Healthy Child Development**
9. **Biology and Genetics**
10. **Health Services**
11. **Gender**
12. **Culture**

There's More to Poverty Than Meets the Eye

Poverty and Health



"Why is this boy smiling?"

"He is smiling because he had a good lunch at his birthday party with his friends and family."

"Why did he have a good lunch?"

"Because his parents buy lots of healthy food."

"Why do they buy healthy food?"

"Because they live close to the grocery store and can buy plenty of good food."

"Why do they live by the grocery store?"

"Because his parents have enough income from good jobs to live in areas that have grocery stores nearby."

"Why do his parents have good jobs?"

"Because his parents were able to go to school and university when they were younger."

"Why were they able to go to university?"

And so on....



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There's More to Poverty Than Meets the Eye

Poverty and Health

"Why is this girl crying?"

"She is crying because she is hungry."

"Why is she hungry?"

"She is hungry because she did not have any lunch."

"Why didn't she have lunch?"

"Her mom could not afford lunch today."

"Why couldn't her mom afford lunch?"

"Because her job does not pay very well and all their money went to rent this month."

"Why doesn't her job pay well?"

"Because her job choices are limited."

"Why are her job choices limited?"

"Because she was born with a disease that keeps her in a wheelchair most of the time."



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The Resource

4 | WHAT CAN BE DONE ABOUT POVERTY?—EMPOWERING ACTIVITIES

Teacher Information:

Poverty Reduction 78

Activities:

Coping With Poverty vs. Getting Out of Poverty 79

Photo Collage 81

Create a Community Action Guide 83

Social Action Project Planning Chart 85

Curriculum Connections

- Outcomes and Indicators linked to all activities in the resource for grade 6-9 Health and Social Studies
- Could easily be linked to Language Arts
- Has been approved as a supplemental resource by the Ministry of Education for Social Studies
- Cross-curricular links for Social Studies, Health and Language Arts