

Saskatchewan Alliance for Youth & Community Well-being (SAYCW): Recruiting Partnership



Saskatchewan Alliance for Youth & Community Well-being (SAYCW): Who We Are

- ▶ 18 partner organizations from health, education and community development sectors
- ▶ Steering committee co-chaired by the Saskatchewan Cancer Agency (SCA) and the League of Educational Administrators, Directors and Superintendents of Saskatchewan (LEADS)

What We Do

Learn



We survey youth in grades 7 to 12 about their health and well-being.

- Includes data relevant to your specific school

Connect



We connect with schools and communities to

- answer questions on survey results
- broker partnerships (local response for local need)
- translate knowledge

Act



We support opportunities to move from knowledge to action through

- toolkits based on survey topics (www.saycw.com)
- Community Action Planning Guide
- Healthy Schools and Communities Grant
- Youth Engagement Strategy

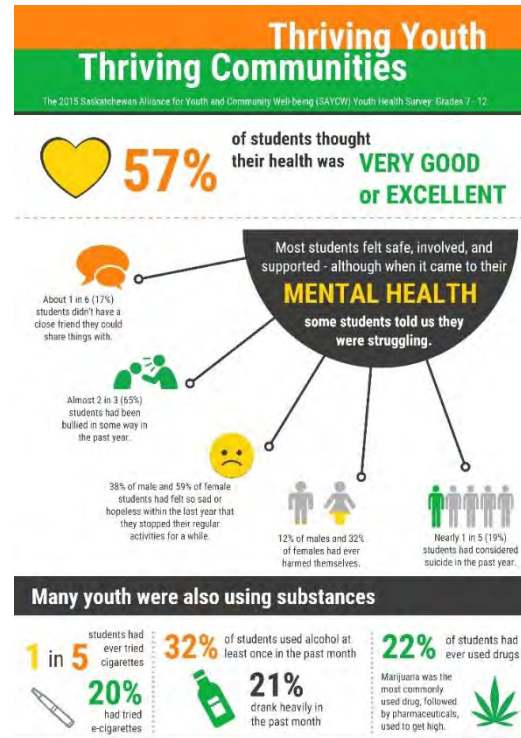
Youth Health Survey (cycle 1)

- ▶ 9,230 students from across the province completed the survey
- ▶ 116 schools and 18 School Divisions and authorities



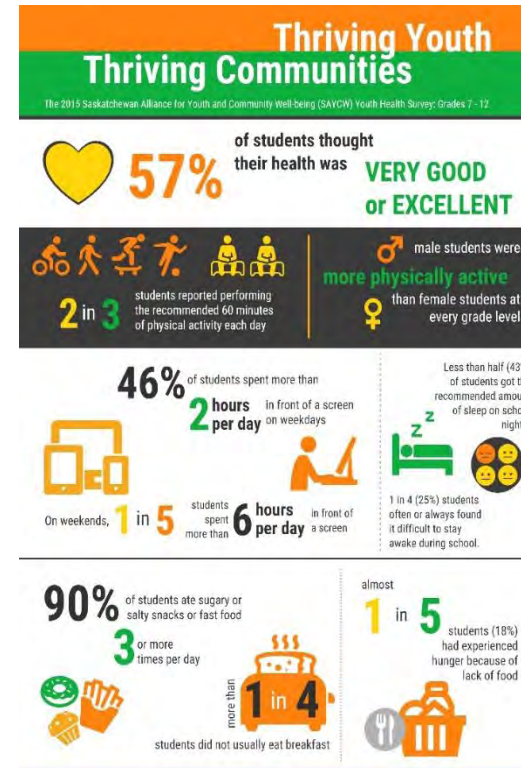
Learn more about SAYCW and the 2015 Youth Health Survey: www.saycw.com

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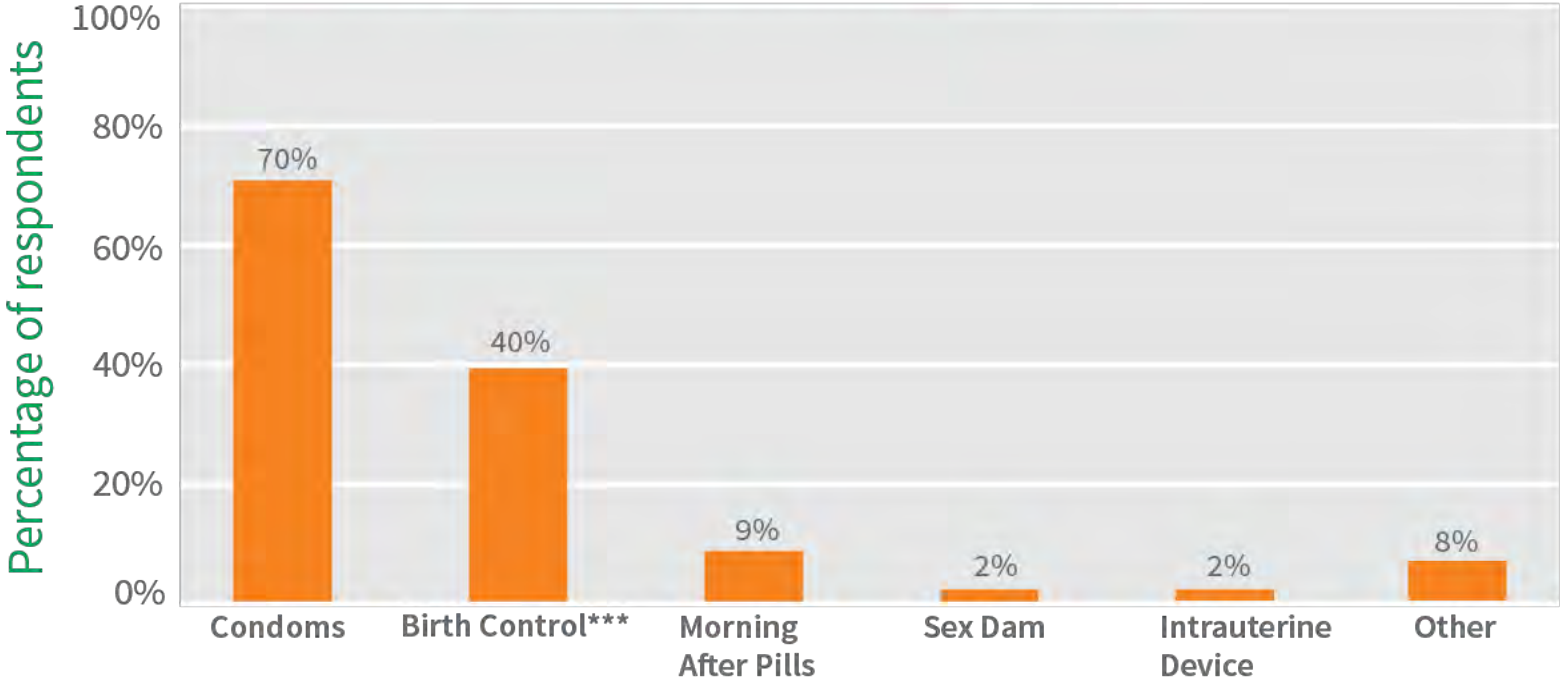
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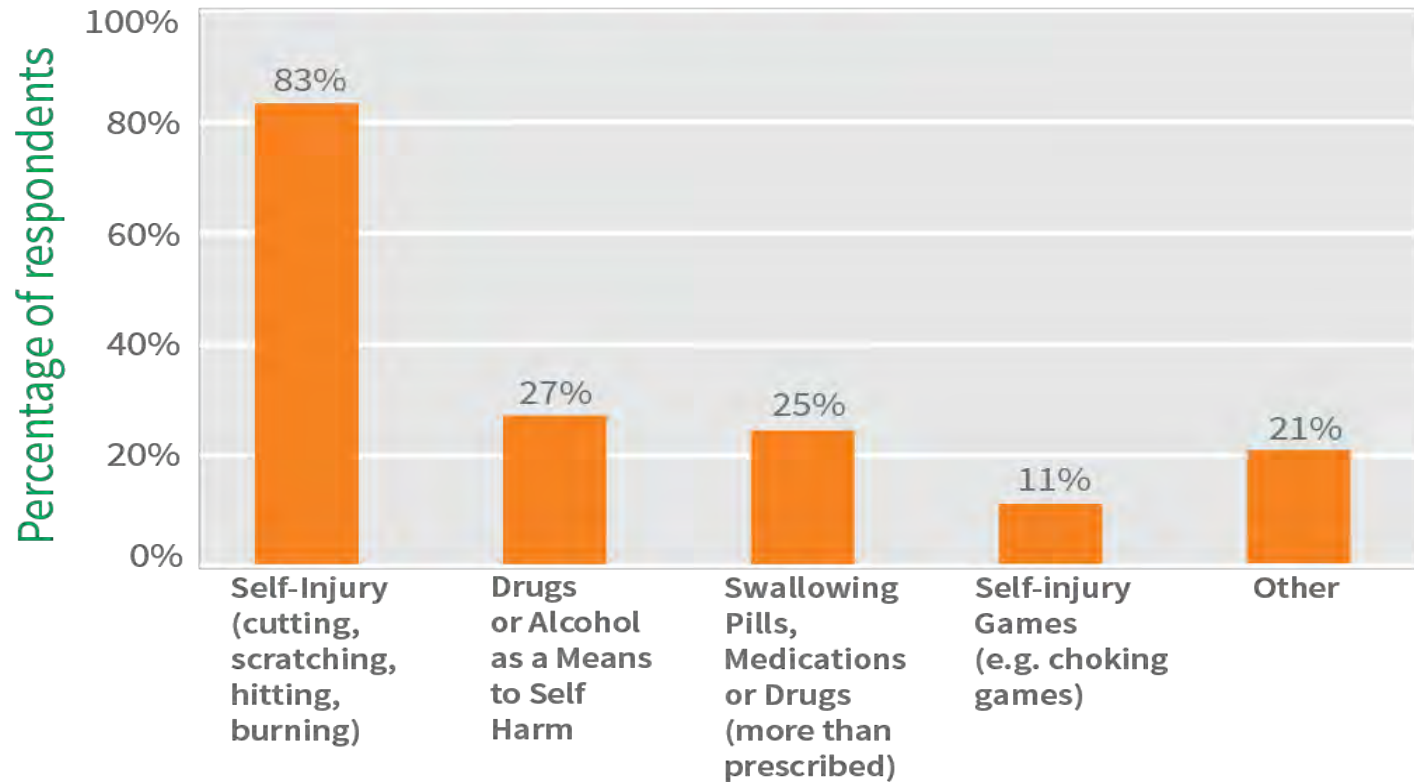
Detailed Information for Schools

Figure 33: Types of protection methods used by sexually active students (N=1239)¹²



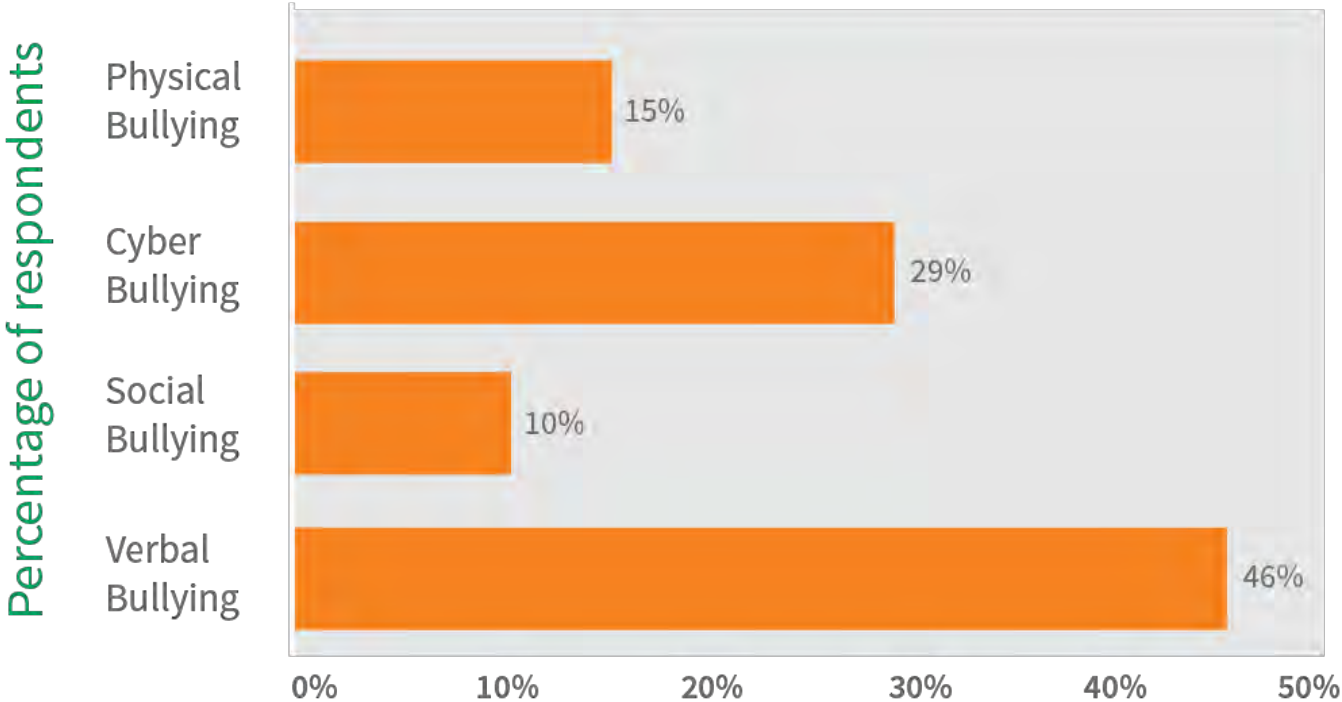
Detailed Information for Schools

Figure 22: Types of self-harm used by those who had ever self-harmed (N=1,710)⁴



Detailed Information for Schools

Figure 21: Bullying experiences in the past year (N=8,467)3



Healthy Schools and Communities Grant

- ▶ Three rounds
- ▶ 61 recipients
- ▶ \$450,530
- ▶ Round 1 preliminary evaluation:
 - ▶ School Engagement
 - ▶ Youth Leadership
 - ▶ Cultural Pride
 - ▶ Positive Health Impact





SAYCW Grant Recipient Locations



This map shows the location of the organizations, schools and communities that have received grant funding from the Saskatchewan Alliance for Youth and Community Well-being (SAYCW).

The number in the circle indicates the number of recipients for that location and round.

Legend

- Round 1
January 2017
- Round 2
April 2017
- Round 3
January 2018

Winter 2019: Thriving Youth, Thriving Communities Survey (TYTCS)

- ▶ Survey tool improved
 - feedback implemented from SK content and field experts
- ▶ Data analysis and reporting
 - Descriptive report of the youth voice in SK with knowledge translation support
 - Additional analysis can be requested anytime
 - Schools can request and receive their data file
 - School divisions decide on questions
- ▶ The survey will be implemented by the Saskatchewan Educational Leadership Unit (SELU)
- ▶ No cost to schools to participate
- ▶ Locally-relevant data retained in province
- ▶ Adherence to
 - OCAP® principles
 - U of S Research Ethics Board; HIPA; LAFOIPA

Making Connections

Context:

Location
Community Support
Friends
Family / Home
SES-Education
Food Security*
Parent Support
Siblings
PA Support and Barriers
School Support
Adult Support-3
Bullying - verbal
Bullying - physical
Bullying - social
Bullying - cyber
Bullying - bystander

Person:

Age / Grade
Ht/Wt/BMI
Sex
Gender
Sexual Orientation
Race
Immigration
Food Skills
School Motivation
Cultural Connection
Language
Indigenous Educ'n

Work / Employment

Healthy Behaviours:

Physical Activity - Type, MVPA
Foot Intake
Eating Habits
Sleep
Limited Screen Time
School Engagement

Unhealthy & Risky Behaviours:

Violence
Substance Use: Tobacco
Substance Use: Alcohol
Substance Use: Drugs
Unintentional Injury & Self-Harm
Injury Prevention
Risky Sexual Activity

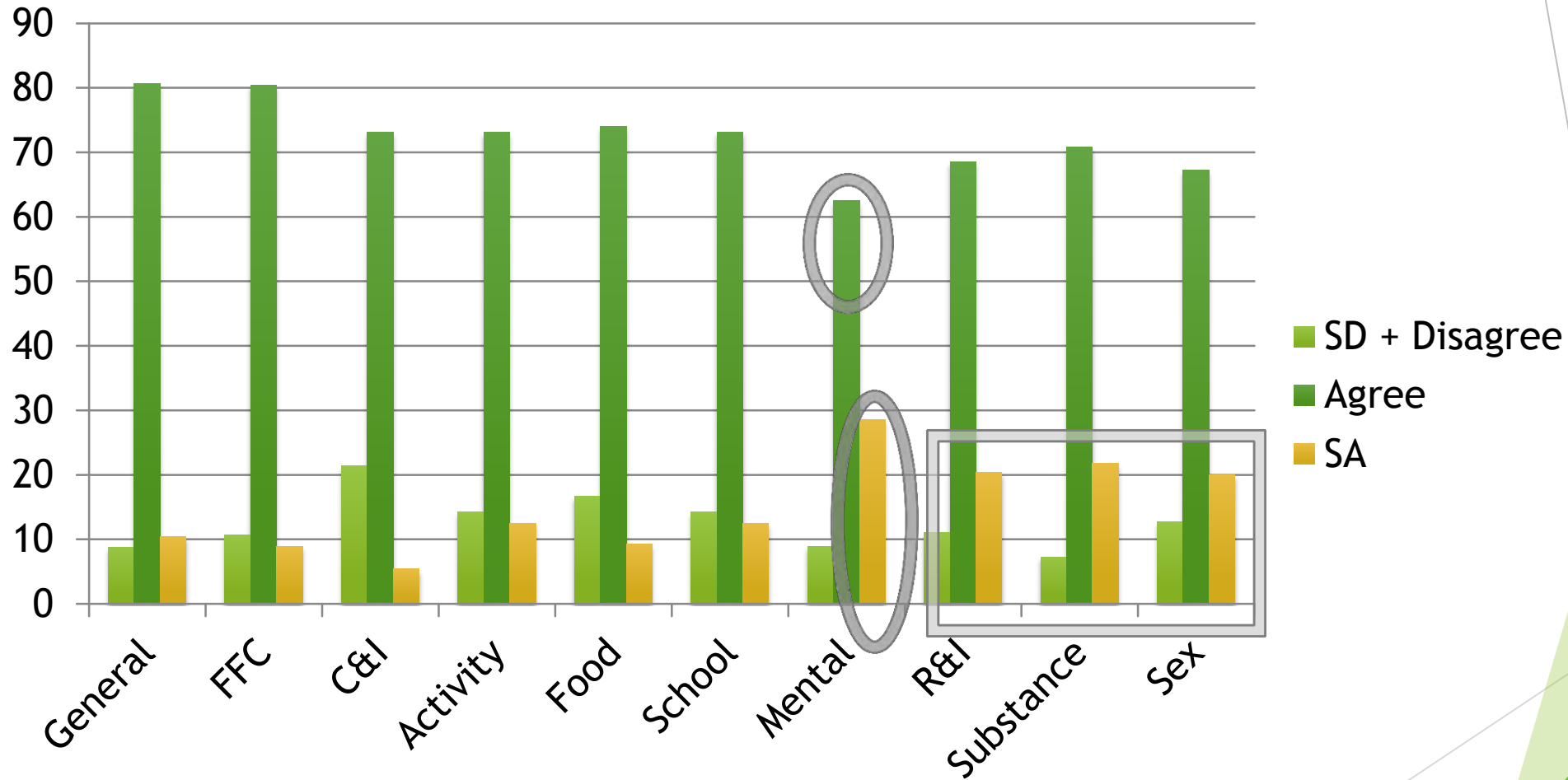
Health & Well-Being:

Perc. Health
Perc. Body
Oral Health
STIs
Pregnancy
Wellness
Control / Problems
Anxiety
Esteem
Depression
LGBT+ Support
Food Security*

Pilot Study- Youth Feedback

- ▶ Great support for the survey according to the pilot so far
- ▶ Overall survey topics were important to youth and to teachers
 - ▶ Good length
 - ▶ Most students done in around 30 minutes
 - ▶ Teachers needed time to walk to lab and explain survey: whole process 50 minutes

Meta-Survey - Importance - Frequencies



Implementing TYTCS At Your Schools

- ▶ TYTCS: March 4 - April 5, 2019
- ▶ Saskatchewan Educational Leadership Unit will implement
- ▶ Online
 - ▶ Paper survey available upon request
- ▶ Available French and English
- ▶ Will have a participation checklist for schools
 - ▶ Saskatchewan 211 cards for participating students
 - ▶ Posters for classrooms with hotlines available upon request
- ▶ Curriculum Connections

Why Should Your Students Complete the TYTCS

- ▶ Survey findings were never meant to be only used as a touchstone for information on youth health.
- ▶ Action oriented
- ▶ Survey only conducted once every three years to allow time for
 - ▶ Understanding results
 - ▶ Gathering resources and partners needed
 - ▶ Enacting your school's initiative
- ▶ Now officially recruiting partners!
- ▶ Received interest in partnering from 13 school divisions and authorities already
- ▶ Would your schools like to join this opportunity?

Questions about Thriving Youth, Thriving Communities Survey Winter 2019?

Eileen Schmidt (MSW, RSW)

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SAYCW operates on Treaty 6 Territory and the Homeland of the Métis Nation