



## **2011 Applied Science and Technology Scholarship**

**Janelle Regier** is the winner of the Association's 2011 Applied Science and Technology Scholarship. Janelle graduated from Winston High School in the Horizon School Division.

Janelle is enrolled in the Dental Assisting program at SIAST - Wascana Campus in Regina.

---

## **Why is Academic Success Important?**

**By Janelle Regier**

Academic success is important because it is strongly linked to the positive outcomes we value. Adults who are academically successful and with high levels of education are more likely to be employed, have stable employment, have more employment opportunities than those with less education and earn higher salaries, are more likely to have health insurance, are less dependent on social assistance, are less likely to engage in criminal activity, are more active as citizens and charitable volunteers and are healthier and happier. Academic success is important because working people will need higher levels of education to tackle the technologically demanding occupations of the future. Now a day you need a post-secondary education in order to get a job.

Academically successful adolescents have higher self-esteem, have lower levels of depression and anxiety, are socially inclined, and are less likely to abuse alcohol and engage in substance abuse. Positive self-esteem and self-confidence are critical factors in commitment to academic success.

Parents who were involved in their child's education and family activities saw positive results in the area of behavior, academics and social interactions. Children who master basic reading, writing and mathematics skills are less likely to fail in school and more likely to develop the thinking skills they need to graduate from high school and post-secondary school. Being confident in these basic academic skills is also necessary for finding and keeping jobs that provide a steady income, benefits and opportunities for advancement.

Individuals, who are better organized, better prepared and have an organizational plan and planner did better in school and will continue to be like that in their career. Organization, time management, prioritization, concentration and motivation achieve academic success. When it comes right down to it organizational skills may be just as important as reading, writing and arithmetic in creating a well-rounded, self-sufficient individual.

Non-academic sports and the performing arts influence achievement. They include confidence in one's capabilities, the ability to manage stress effectively, and the capacity to focus and block out distractions. Skills such as critical thinking, decision-making, and conflict resolution are essential for success in any walk of life.

Academic achievement is important for the successful development of young people in society. Students who do well in school are better able to make the transition into adulthood and to achieve occupational and economic success.

Given the specialization required for many jobs these days, young people who are entering the job market do need a substantial base of knowledge and, in many cases, specialized skills. I was successful in school and I am now going to SIAST where I can put my academic success to good use.